

NEW PATIENT QUESTIONNAIRE

Patient Name: _____ Date of Birth: _____

Today's Date: _____ What is the reason for your visit? _____

Referring MD: _____ Primary MD: _____

SYMPTOMS (Reason for your visit?)

- | | | | | |
|---|---------------------------------|---------------------------------------|---|---|
| <input type="checkbox"/> Itchy | <input type="checkbox"/> Watery | <input type="checkbox"/> Burning Eyes | <input type="checkbox"/> Headaches | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> Ear Fullness/Pain | | | <input type="checkbox"/> Loss of Sense of Smell | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Runny / Itchy Nose | | | <input type="checkbox"/> Post Nasal Drainage | <input type="checkbox"/> Chest Tightness |
| <input type="checkbox"/> Sneezing | | | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Rash / Itching |
| <input type="checkbox"/> Nasal Congestion | | | <input type="checkbox"/> Throat Clearing | <input type="checkbox"/> Swelling of Lips <input type="checkbox"/> Tongue |
| <input type="checkbox"/> Facial Pain and Pressure | | | <input type="checkbox"/> Coughing | <input type="checkbox"/> Swelling of Hands <input type="checkbox"/> Feet |

ALLERGY HISTORY

Do you have allergies or hay fever? Yes No Are symptoms SEASONAL and/or YEAR-ROUND?
Have you ever received allergy injections? Yes No For how long? _____ When? _____

SINUS HISTORY

Do have a history of sinus problems? Yes No
Do you have a history of Nasal Polyps? Yes No
How many times have you been treated for sinus infection in the last year? _____
Have you ever had an Xray or CT scan of your sinuses? Yes No
Have you ever had sinus surgery? Yes No If yes, When? _____

ASTHMA HISTORY

Have you ever been diagnosed with asthma? Yes No If yes, When? _____
Have you ever been to the Emergency Room because of your asthma? Yes No How often? _____
Have you ever been hospitalized overnight for breathing difficulty? Yes No How often? _____
Have you ever been given oral or injectable steroids for your asthma? Yes No How often? _____
Last time on oral steroids? _____

FOOD ALLERGY HISTORY

Have you ever had a reaction to a food? Yes No If yes, what food and when? _____
Currently avoided foods: _____
Do you have an epinephrine autoinjector? Yes No Have you had to use it? Yes No

ECZEMA

Has your eczema been active in the past 6 months? Yes No

REVIEW OF SYSTEMS (Do you have any of the following currently?)

- | | | |
|--|--|---|
| <input type="checkbox"/> Fever | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Muscle Aches/Pain |
| <input type="checkbox"/> Chills/Night Sweats | <input type="checkbox"/> Heartburn / Indigestion | <input type="checkbox"/> Joint Pain / Swelling |
| <input type="checkbox"/> Weight Change | <input type="checkbox"/> Nausea / Vomiting | <input type="checkbox"/> Back Pain / Stiffness |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Constipation / Bloating | <input type="checkbox"/> Swollen Legs / Ankles |
| <input type="checkbox"/> Difficulty Sleeping | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Skin Rash / Hives / Eczema |
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Dizziness / Vertigo | <input type="checkbox"/> Depression / Feeling Blue |
| <input type="checkbox"/> Heart Palpitations | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Anxiety / Stress |

PAST MEDICAL HISTORY

- | | | |
|---|--|---|
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Bowel / Intestinal Disorder | <input type="checkbox"/> Autoimmune Disease
(Type _____) |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> Cancer (Type _____) |
| <input type="checkbox"/> COPD | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Obstructive Sleep Apnea | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Migraine Headaches | <input type="checkbox"/> Diabetes | <input type="checkbox"/> ADHD |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Recurrent Ear Infections | <input type="checkbox"/> Arthritis | |

Surgeries/Hospitalizations (include year) _____

FAMILY HISTORY

- | | | | | | |
|-----------------------|---------------------------------|---------------------------------|----------------------------------|--------------------------------|--------------------------------------|
| Allergies / Hay Fever | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Grandparent |
| Asthma | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Grandparent |
| COPD | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Grandparent |
| Food Allergy | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Grandparent |
| Autoimmune Disease | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Grandparent |
| Immunodeficiency | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | <input type="checkbox"/> Sibling | <input type="checkbox"/> Child | <input type="checkbox"/> Grandparent |
| Other: | _____ | | | | |

SOCIAL HISTORY

Occupation: _____ Any Concerning Work Exposures: _____

Hobbies: _____

Do you or have you ever smoked or use tobacco products? Yes No Past

What type? Cigarettes Cigars Pipes Chew Marijuana Vape

How many per day? _____ For how many years? _____ If you stopped/quit, when? _____

Have you been exposed to second hand smoke? Yes No Where? _____

Do you use alcohol? Yes No # of drinks per week? _____

Any recent travel outside of U.S.? Yes No

ENVIRONMENTAL HISTORY

Do you have pets at home? Cats Dogs Other _____ Do they make symptoms worse? Yes No

Do your pets sleep in your bedroom? Yes No

Does the bedroom have carpet? Yes No

Has there been any water leakage/damage in your home? Yes No

If yes, has it been professionally remedied? Yes No

MEDICATION ALLERGIES (Please list any avoided medications and reason below)

CURRENT MEDICATIONS (Please list all medications/supplements below or attach list)

Medication	Dose	Frequency
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